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**Desert Skies United Methodist Church invites you to**

**Transitions: Preparing for Life’s Changes and Choices.**

**Adults of all ages are invited to come to some or all three Wednesday evening free seminars. These sessions are designed to help persons make decisions about financial security, medical health choices, and living well independently presented from medical, legal and faith community perspectives.**

**January 30, 5:30-6:30 pm presented by the Federal Credit Union**

**Financial Planning in Ages and Stages**

**Are there plans and decisions I could make to strengthen financial security at each stage of my life?**

**Are there ways I can save and invest to go beyond taking care of myself…helping my family, others, my community?**

**February 6, 5:30-6:30 pm presented by Interfaith Community Services**

**Preparing for Emergencies and Changes at Different Life Stages**

**Why should I decide now healthcare, medical choices and**

**final preparations that are right for me? How do I start?**

**How do I talk to family and health care professionals about**

 **my wishes or help my parents to do theirs?**

**February 13, 5:30-6:30 pm presented by Pima Council on Aging**

**The Intersection of Choices and Changes in Life**

**How can I promote personal independence for myself**

 **or my parents by learning options for life changes?**

**How do I connect to a network of community resources**

 **to help in planning?**

Q and A sessions will follow each session

**Desert Skies United Methodist Church is located at**

**3255 N Houghton Rd**

Registration recommended at **520-749-0521**

A light snack will be served