



THE SKYLINE

An e-news blast of Desert Skies United Methodist Church

November 10, 2020

This Week At Desert Skies

This is just a reminder that during this season of COVID-19, we are following safety protocol and practicing physical distancing.

As the statistical data for COVID-19 in Pima County has shown improvement, we have been given some permissions to move toward a very gradual reopening, allowing for a gathering of 50 people. Sunday, November 15th at 10:00 am, we will offer In-Person Outdoor Worship at both campuses.

We have put all our safety protocols in place so you can be assured that when you do step onto the campus, it is as safe as we can make it.

For those who wish to worship from home we will continue our On-Line services at 8:30 am/10:00 am and 11:15 am with opportunities to chat with one another before, during, and after the service.

Once premiered, the service is available at any time for you to view through the Thursday of that week, which lets you watch it during your normal worship time if that works for you.

After that, the sermon is available through the link on our website or on our YouTube channel.

The link for our worship services is

<https://desertskiesumc.online.church>

Stay tuned for further updates.

Invitation to Decorate for Advent

If you can help decorate the Sanctuary for Advent on **Friday, November 20th at 9:00 am**, please contact Sara Leedy at 419-957-8566 or email her at:

sara.Leedy@gmail.com

IN-PERSON OUTDOOR WORSHIP ON SUNDAY,

NOVEMBER 15th at 10:00 am. Both Campuses!

Make your reservation for Sunday Services by calling the Church office at 749-0521 and leaving a message (no later than 4:00 pm on Thursday, November 12th) with your name, number of people attending, and which campus, or emailing your information to office@desertskiesumc.org. Looking forward to seeing you!

In-Person Outdoor Worship On Sunday, Nov. 8th

What a blessing it was to gather outdoors for worship on Sunday at our Houghton and Vail campuses. For the folks who worshiped in Vail, we also celebrated the first service at our new site at Mica Mountain High School. The weather was beautiful, the music was wonderful for clapping along and humming, and the Word of gratitude rang loud and clear in our ears and hearts! It is truly a "wonder-ful" life!



It's Stewardship Time...and It's a Wonder-ful Life!

By now, you should have received your giving letter with our ministry dreams for the upcoming year. We are grateful to the Desert Southwest Annual Conference, who sees our vision of a second campus in Vail and is fully funding that ministry for 2021. Please make prayer for that campus an ongoing part of your prayer life that they will grow and flourish in the Vail Community. The cost of that ministry is included in our budget so we can all see actual ministry costs for Desert Skies, looking toward the future when we will take on that responsibility.

As we look toward our future in a world that includes COVID-19, we also have additional staffing needs and technology needs that will help us keep our online presence alive and active, reaching more people with the good news of God's love. That is also included.

Your Finance/Stewardship Team recognized that we have some BHAGs (big, hairy, audacious, goals) and are excited about living into the Wonderfull-Life and Ministry that God has put before us. Thank you for your generosity and your big vision!



Desert Skies RE-Opening Plan

Desert Skies RE-Opening Plan has been approved by the District Superintendent and the Conference Task Force on Re-Opening. Thank you to the DSUMC Reopening Task Force for their diligence and hard work in putting the document together. If you would like to see the detailed plan, contact Mike Starace or Ken Winkelmann, and they will get you a copy.

Part of our plan is a covenant with one another that we will all follow best safe practices in order to create a safe space for people to come as they are ready. It's not an easy time, so we want to all be respectful of one another and do all things in love!

After all, Loving One Another in Caring Community is part of our mission statement. The Covenant is below, and we ask that you sign it and bring it with you at our Drive-Thru Communion on November 1, our Pledge Drive Thru Experience on November 22, or whenever we meet in person and you attend for the first time. We are anticipating the OK to begin outdoor worship services at both campuses within the next few weeks.

Thank you for your patience, love, and care for one another during this time of physical distancing. I am so excited to see you all as you are ready!

OUR COVENANT THE PEOPLE OF DESERT SKIES UMC

Theological Foundation:

Care for the Other: The people of God have been called by Christ to share in a deep abiding love for one another, demonstrated in a commitment to love like Jesus, act for justice, and remain united in hope.

Our Covenant Relationship: It has long been the history of God's people to enter into a covenant with God and with one another. A covenant is more than a normal agreement. It is a chosen way of living together in which the people involved freely and voluntarily make binding promises to one another.

COVID-19 Reality: We are well aware of the fact that the novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. This reality is what calls us to enter into this covenant at this time.

Our Church Covenant: We are people who care for one another, and we care for the stranger among us. In love and faith, and with God's help, we commit to one another to protect each other's health and safety as we seek to prevent the spread of COVID-19. In the spirit of John Wesley's proclamation of "Do no harm, do good and stay in love with God," we covenant to the following actions:

Do No Harm

- In accordance with Romans 13, I/we will abide by the directives of the Bishop of the Desert Southwest Conference and his guidance on the extent and ability to open our church campuses and offer in-person gatherings for activities.
- With care for the vulnerable among us, I/we will refrain from attending any activities on the church campus if I am/we are sick with any of the common COVID-19 symptoms, believe I/we have been exposed to someone who is sick, or have attended another activity of 50 or more people in an enclosed setting over the last two weeks.

- Because of the love I/we have for others, within two weeks after attending an activity on the church campus, if I/we test positive for COVID-19, I/we will let the church office know of a diagnosis. I/we also understand that the church will keep my/our identity confidential.
- Considering the health needs of others as being important, I/we commit to wear a face covering and maintain a 6 foot distance from others at all church gatherings to protect the health of our brothers and sisters in Christ.

Do Good

- Knowing that there are those people who are unaware they have an active case of COVID-19, in humility I/we pledge to maintain a minimum distance of 6 feet from other members. This means that as an act of love I/we will not hug, shake hands, or engage in direct physical contact when I am/we are with others in the church or at church-sponsored activities. I/we will find other ways to greet one another with joy.
- Because of my/our commitment to care for others, I/we agree to use good preventive measures, especially the wearing face coverings and practicing hand washing, in addition to other measures, to prevent the spread of the virus through touching common surfaces.
- As an act of grace toward others, when in-person worship resumes, I/we agree to be seated by an usher in a designated safe distance seat, even if it is not my 'regular' seat at church. I/we further covenant not to ask for special treatment or seating accommodations unless physical needs require it.
- In every effort to care for others, when in-person worship resumes, I/we affirm the need to inform any guests I/we bring to church about our covenant and seek to secure their cooperation in abiding by the covenant.

Stay in Love with God

- Because I/we believe God is with me/us always, I/we seek to honor my/our faith commitment to God and to the church by continuing to give as I/we can and increase giving, if possible, to make sure extra expenses due to cleaning/sanitizing church facilities are covered. I/we do this also because of awareness that during COVID-19 some in our community of faith have lost jobs and are struggling financially. Continued giving is an act of love and grace for those who can no longer do so.
- In living the principles found in scripture, I/we commit to be patient and gracious with each other as we all seek to address the COVID-19 health and safety challenges and the changing information about the spread and nature of the coronavirus.

Acknowledgement and Assumption of Risk

Grounded in the love of God, I/we acknowledge that the instruction from scripture is that we, as covenant people, deal with disagreements and concerns in grace-filled ways, and, therefore, agree that we accept responsibility for our own choices, and the risk that goes along with them. I/we waive any claim against the church in the event that I/we or my/our children, if any, contract COVID-19.

Date: _____ .

Signed: _____

Printed: _____

Signed: _____

Printed: _____

Philippians 4:5-7 NRSV

Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Online Coffee Hours, Book Studies and Groups via Zoom to Help us Connect!!

Join us for an hour of conversation and whatever drink you prefer and connect with the Desert Skies Church Family face-to-face via Zoom Conference Calls.....**And now every meeting has a password.** Click on the links below.

Christ Café-join your friends face-to-face via Zoom each Sunday from 9:15-9:30 and 10:45-11 (immediately following the services).

Zoom link: <https://dscumc.zoom.us/j/94000601494?pwd=YmI0NWZ5K0FhLzR3a1VrcWp6UT09>

Meeting ID: 940 0060 1494 **Passcode: 756768**

Vail Campus ~ Sunday Study Group- “It’s a Wonder-full Life” NEW TIME ~ Afternoons at 2:30 pm!!

Join us at 10:00 am for In-Person Outdoor Worship at Mica Mountain or at 11:15 am on-line.

If you are someone who has a heart for the Vail Community, we invite you to connect via Zoom.

****Please Take Note ~ This is a NEW Zoom Link!!****

Join Zoom Meeting: <https://dscumc.zoom.us/j/98182429071?pwd=NTRiZlNlbnhOdC9BS296WUJTRXFHQ09>

Meeting ID: 981 8242 9071 **Passcode: 317664**

Youth Group: Sundays at 1:00 pm

Join Zoom Meeting: <https://dscumc.zoom.us/j/93454802299?pwd=a0sxRHM4WE9ldXJGTlhSbnJJYUhlQT09>

Meeting ID: 934 5480 2299 **Passcode: 164946**

Mondays at 10:00 am: “Reply All, Science Vs. The Inquiry”

Join Zoom Meeting: <https://dscumc.zoom.us/j/95036789720?pwd=bHVwem9OMi9oYjNoK3ZWbDFBZktkOT09>

Meeting ID: 950 3678 9720 **Passcode: 118760**

For the next two Monday’s we will be exploring the dark side of the Internet and reparations.

Nov. 16th- Reply All #112 The Prophet/and or

Reply All #166 Country of Liars

Nov. 23rd- Science Vs. Reparations: How could it work?

You have 2 choices for the 16th. You can listen to one or both, up to you. Also, if you don’t understand all of the terminology, don’t worry. The idea here is to get the big picture.

Tuesdays at 10:00 am-“It’s a Wonder-full Life” Study Group

Join Zoom Meeting: <https://dscumc.zoom.us/j/94684294715?pwd=K0xsSnVvTXJidXltSUozbGVBOVZ3dz09>

Meeting ID: 946 8429 4715 **Passcode: 098165**

Wednesdays at 5:00 pm-The Wired Word discussion group

Join Zoom Meeting: <https://us02web.zoom.us/j/3644843031>

Meeting ID: 364 484 3031 **(NO PASSCODE NEEDED)**

Each week we send out two articles for discussion. We encourage people to read the articles before the meeting (although, that is not required) so that you can formulate your thoughts and questions and then, present them in an open, non-judgmental forum for further discussion within the group.

Thursdays at 10:00 am

Join Zoom Meeting: <https://dscumc.zoom.us/j/98653811783?pwd=YVFVbnFjCmhhZRVZuM2hJVkhOTmliQT09>

Meeting ID: 986 5381 1783 **Passcode: 333879**

Announcements

Shred It Drive Thru Event ~ Saturday, November 14th, 1:00 pm-4:00 pm at the Houghton Campus-

BRING YOUR PAPERS THAT NEED TO BE SHREDED!!! Limited to 4 boxes per car. NO plastic bags accepted! Call "Doc" Alex Shawn for more info @ 520-784-3366. **CASH OR CHECK ONLY!!**

\$5.00 FOR SMALL 15" X 12" X 10" BOX \$7.00 FOR LARGE 24" X 15" X 11" BOX

UMW General Meeting-Desert Skies UMC attendees, everyone is invited to join us for an wonderful UMW meeting on **Nov. 21st at 9:30AM via Zoom** (below are the details). Jan Van Buren will be presenting "Susan Angeline Collins: Methodist Missionary in Africa "based on her book *Susan Angeline Collins: With a Hallelujah Heart*. Hear about how Susan, a young African American woman, went from working for a Pastor to working in Angola. It will be a talk you won't want to miss.

Join Zoom Meeting

<https://dscumc.zoom.us/j/91616486642?pwd=TFB2bmtSRDROSWsvMEg1Ujd1bTY4QT09>

Meeting ID: 916 1648 6642

Passcode: 742329

One tap mobile

+16699006833,,91616486642#,,,,,0#,,742329# US (San Jose)

UMW COOKIE WALK-Due to COVID-19, the UMW has decided that we will not hold a Cookie Walk in December as we have done for so many years. Instead, we are planning, if the church is open then, to have a Cookie Walk prior to Easter. If you have any questions, please contact Adele Edwards.

YOGA-Missing out on your weekly yoga connection? Jennifer Sulger has been missing you too. She is now offering a **Monday live streaming Zoom Yoga class at noon**. If you are interested, email her at drishtiyogatuson@yahoo.com for the link! If you have any questions, please call Doc at 749-0521 or email him at musicdoc@desertskiesumc.org.

Opportunity to Help Amy Anderson-Amy Anderson just recently received Cochlear Implants and needs some help! Amy has a long way to go before she understands speech with 6 – 12 months of hearing therapy. If anyone would like to spend an hour or two with Amy, it would help her with that therapy. She has See-Through masks for those that can help! It is truly a miracle and a very exciting thing to be able to hear in a brand-new way. Please text Amy at 915-471-0565 or email her at azamyeliza@gmail.com.

Gathering a Team: We Need YOU-With the discovery that online worship is important to the life of Desert Skies moving forward, and moving into a new day for sound and media, we are looking for people to create a new team that will work the sound booth, help out with filming and/or live streaming, and figuring out how to put it all together. If you have the skills in any of these areas, or would like to learn, please let Rev. Candace know ASAP! You can email her at revcandace@desertskiesumc.org.

Weekly Walking Group-Everyone is welcome! Invite a friend to join, too! This joyful community is on the move, forming a much needed walking group in the Southeast part of town! Our purpose is to spend time enjoying some fun and conversation with others, to get some exercise and to appreciate God's beautiful, natural world. **We meet on Thursday mornings at 7:30 am at the entrance parking lot of Saguaro National Park, 3693 S. Old Spanish Trail.** Walkers set their own pace, or step up with a faster walker for more challenge. Whether you want to walk for 20 minutes or for 3 miles, there's a route for you! Pets are welcome but are only allowed on the paved road. **For more information, contact Rev. Susan at 702-354-9317**

The Zippy 49'ers Circle will meet on **Wednesday, November 18th, at 9:30 am via Zoom**. We will have fellowship, prayer and a discussion of Chapter 9 in our book, Everybody's Normal 'Till You Get to Know Them. If you don't have the book, you will still enjoy participating. The topics are related to experiences we have all had as we journey through life. **All women are welcome to attend.**

Join Zoom Meeting

<https://dscumc.zoom.us/j/99574356851?pwd=cjJqdm5JTkE4YkpBQTBjWdN6cmZkdz09>

Meeting ID: 995 7435 6851

Passcode: 718771

One tap mobile

+16699006833,,99574356851#,,,,,0#,,718771# US (San Jose)



WISH LIST

As we move into new stages of being church in a pandemic and beyond, there are things we need to do as a church to keep us all connected and safe. Therefore, we are creating this wish list, to which we will add as things come up...always a place for extra mile giving for those who feel called to do so. Thank you, Desert Skies, for your generosity.

Audio Visual Equipment to Live Stream and keep our Online Services going:

PTZ Optics Package

2 cameras at \$1,800 each

operating package for cameras \$700

Sanctuary Computer to run new systems \$2,000-3,000

Cable to wire Sanctuary to internet \$1,000

13 Air Conditioning Units at \$6, 500 each



DRIVE-THRU PLEDGE SUNDAY/ HARVEST FESTIVAL

SUNDAY, NOVEMBER 22, 2020

4 P.M. UNTIL 5 P.M.

HOUGHTON CAMPUS



DROP YOUR PLEDGE CARD IN THE LITTLE WHITE CHURCH WITH THE STEEPLE

**FILL THE BASKETS WITH FRESH PRODUCE AND HOMEMADE BREADS FOR
ST LUKE'S HOME AND CASA MARIA**

**WE LOOK FORWARD TO SEEING YOU AND SAYING
"THANK YOU" WITH A SMALL TREAT!**



Our Worship Stewardship Series "A Wonder-full Life" runs through Sunday, November, 22nd.

Spiritual practice feeds that part of ourselves that is oriented toward serenity, harmony, truth, compassion, gratitude, love and joy. But these are not always words we use to describe the role of money in our lives.

In the classic film, "It's a Wonderful Life," a crisis of money creates vastly diverse reactions from several characters that can hold up a mirror to our own relationships with money. In this four week series, we will "look" squarely in the face of our money issues in compassionate ways that can offer more depth of meaning, healing, and wholeness and a whole new "outlook" on what constitutes a wonderful life.

November 15th–23rd Sunday after Pentecost

Sermon: Looking Out

Scripture: I Timothy 6:17-19

November 22nd–24th Sunday after Pentecost **(Pledge Sunday, Harvest Sunday)**

Sermon: Looking with Gratitude

Scripture: Acts 4:32-35



Helping Vail Families At Thanksgiving

Each holiday season, St. Rita's in the Desert distributes holiday food baskets to those in need in our Vail, Rita Ranch and Corona de Tucson Community.

Last year, over 600 families were able to enjoy a delicious holiday meal at Thanksgiving and Christmas because of the Holiday Basket program.

We are asking for your help to fill these baskets!

Items requested include: Mashed Potatoes
Stuffing
Cornbread mix
Cranberry Sauce
Green Beans

Corn
Yams/Sweet Potatoes
Gravy
Brownies

and/or \$10 gift cards to one of the local grocery stores as each basket is provided a gift card to purchase their holiday turkey. Or make a donation on line at: <http://bit.ly/holidayfoodbaskets>

Desert Skies Vail Campus will collect food on Sunday, November 15 before and after worship at Mica Mountain, or you may drop your donations off to Barb Reuter-(520) 440-0294.

The UMW Alternative Gift Program

United Methodist Women are again offering the Alternative Gift Giving Program. You choose gifts from these four agencies (2 are local and 2 are international) to "give" to your loved ones, they will receive a card telling them of your gift. The agencies will then provide food, shelter, income-producing animals, or disaster relief to those who are seriously in need. This is the 20th year of offering this program. In the previous 19 years we have given over \$54,000 through Alternative Gifts.

This year is the perfect time to give Alternative Gifts. You can avoid crowds and stay safe at home. Until the church is open again, the "shopping lists" will be in the newsletter each Tuesday. You can print them out, 2 on a page. After you have filled out the information, send the forms and your check to Jeanne Myers, 2431 S. Placita Carrasco, 85748; or drop them off after you call (520-730-9755) to check that I am home. I will prepare the cards for your loved ones and deposit the check with our UMW treasurer. If you have business in the church office, I will have an Alternative Gift box there to drop off your forms and check.

HEIFER PROJECT INTERNATIONAL ALTERNATIVE GIFT GIVING FORM

ITEM	COST	QTY	TOTAL
Starter flock of chicks, ducks, or geese	\$ 20		
Honeybees	\$30		
Trio of rabbits	\$60		
Share of a rabbit	\$10		
Tree seedlings	\$60		
Share of tree seedlings	\$10		
Pig	\$120		
Share of a pig	\$10		
Sheep	\$120		
Share of a sheep	\$10		
Goat	\$120		
Share of a goat	\$10		
Llama	\$150		
Share of a llama	\$20		
Water buffalo	\$250		
Share of a water buffalo	\$25		
Share of a heifer	\$50		
Total gift to Heifer Project			

Your name and phone number:

Name and address of person honored:

Mr. ____ Mrs. ____ Ms. ____ Dr. ____

Please make all checks payable to:

Desert Skies United Methodist Women.

Thanks!



TUCSON COMMUNITY FOOD BANK ALTERNATIVE GIFT GIVING FORM

ITEM	COST	QTY	TOTAL
Emergency food box for one person	\$6		
Emergency food box for family of four	\$10		
Snack Pack Program	\$15		
80 boxes mac & cheese	\$20		
120 meals	\$30		
3 canisters infant formula	\$25		
160 meals	\$40		
Fuel for CFB collection truck	\$45		
200 meals	\$50		
Total gift to Community Food Bank			

Your name and phone number.

Name and address of person honored

Mr. _____ Mrs. _____ Ms. _____ Dr. _____

Please make all checks payable to:
Desert Skies United Methodist Women
Thanks!



HABITAT FOR HUMANITY, TUCSON : ALTERNATIVE GIFT GIVING FORM

ITEM	COST	QT	TOTAL
timber framing 2X4s	\$5		
sturdy plywood sheathing	\$10		
interior drywall panel	\$15		
50 lb. (lots of) nails	\$20		
cozy blanket of insulation	\$25		
part of the water heater	\$30		
rainproof roofing materials	\$35		
let there be light fixtures	\$40		
a share of the windows	\$45		
open the kitchen door	\$50		
Welcome! Part of the front door	\$55		
keep clean with part of a sink	\$60		
TOTAL FOR HABITAT			

Your name and phone number.

Name and address of person honored

Mr. _____ Mrs. _____ Ms. _____ Dr. _____

Please make all checks payable to:
Desert Skies United Methodist Women
Thanks!

UMCOR ALTERNATIVE GIFT GIVING FORM

ITEM	COST	QTY	TOTAL
Serve a child one hot meal a day	\$ 1		
Plant ten seedlings for erosion control	\$1		
Immunize a child against TB, measles, polio, tetanus, etc.	\$5		
Provide blankets, food, water for US disaster victim	\$10		
Tents, pure water, blankets for international disaster victim	\$10		
Provide a camping experience for a mentally & physically challenged refugee child	\$15		
Teach a woman to read and write	\$15		
Help a refugee return home or find safety in a new one	\$20		
Support hunger projects in the US & throughout the world	\$25		
Help ship material resources where they are needed	\$30		
Join Bread for the World as a family and become advocates for policies that fight hunger and poverty	\$35		
TOTAL GIFT TO UMCOR			

Your name and phone number:

Name and address of person honored:

Mr. _____ Mrs. _____ Ms. _____ Dr. _____

Please make all checks payable to:
Desert Skies United Methodist Women.
Thanks!

Bible Readings This Week

Nov. 10-Job 35, 36; I Cor. 7-8

Nov. 11-Ps. 122; I Cor. 9-11

Nov. 12-Job 37, 38; I Cor. 12

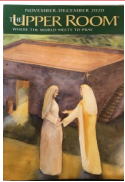
Nov. 13-Job 39, 40; I Cor. 13, 14

Nov. 14-Ps. 149; I Cor. 15, 16

Nov. 15-Job 41, 42; II Cor. 1, 2

Nov. 16-II Cor. 3-6

If you would like a bookmark mailed to you for the months of October, November and December, please email Tammy at office@desertskiesumc.org with your request and one will be mailed to you.



November/December Issue of The Upper Room

We realize many readers are currently reticent or unable to pick up their copy of the devotional guide because of the virus or closed church office. If you would like a copy mailed to you, please email Tammy at office@desertskiesumc.org with your request or you can use the link below for a digital copy.

The Upper Room and *El Aposento Alto* at <https://www.upperroom.org/standingorderchurches>.

Prayers for Our Churches 2020

You are encouraged to be praying for the churches and pastors of the South District. Several churches will be listed each month for your prayer covering. It is encouraging to know that other churches are praying with and for each other. Please pray for the pastors, congregation, and community.

NOVEMBER

Trinity UMC, Bisbee
UMC of the Good Shepherd, Kearny
Willcox UMC, Willcox

Finance Team

You shop. Amazon gives.



**Do you make online purchases from Amazon?
Have you tried AmazonSmile?**

AmazonSmile is a simple way for you to support Desert Skies UMC every time you shop, at no cost to you. AmazonSmile is available at smile.amazon.com on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones.

When you shop at AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com. By naming "Desert Skies United Methodist Church" as the charity of your choice, AmazonSmile will donate 0.5% of your eligible purchases to the church.

Thanks to all who have named Desert Skies as the charity of their choice!

Prayer Requests

Just a friendly reminder that if you have a prayer request, please email Pat Walker at msnodle@aol.com and/or click this link: <https://desertskiesumc.org/contact/>

Update for Church Office

During this season of COVID-19, we are following safety protocol and practicing physical distancing. Currently, our office staff is still working from home on a day to day basis.

Tammy checks all phone messages/emails (office@desertskiesumc.org) daily, during office hours: Monday-Thursday: 8:00 am-4:00 pm.

If you have an emergency, please email~

Rev. Candace: (revcandace@desertskiesumc.org)

Rev. Susan: (revsusan@desertskiesumc.org)

Doc: (musicdoc@desertskiesumc.org)

or you can call them on their cell phone (numbers found in your directory). For On-Line worship, please visit our web page at: www.desertskiesumc.org.

Disaster Distress Helpline

PHONE: 1-800-985-5990
TEXT: "TalkWithUs" to 66746

 **Call us:**
1-800-985-5990

 **Text:**
'TalkWithUs' to 66746

 **Visit:**
<http://disasterdistress.samhsa.gov>

 **Like us on
Facebook:**
[http://facebook.com/
distresshelpline](http://facebook.com/distresshelpline)

 **Follow us on
Twitter (@distressline):**
<http://twitter.com/distressline>

Disaster Distress Helpline

PHONE: 1-800-985-5990 TEXT: "TalkWithUs" to 66746

**Call 1-800-985-5990
or text 'TalkWithUs' to 66746**

to get help and support
for any distress that you or someone
you care about may be feeling
related to any disaster.

The *Helpline* and *Text Service* are:

- Available 24 hours a day,
7 days a week, year-round
- Free (standard data/text messaging
rates may apply for the texting service)
- Answered by trained crisis counselors.

TTY for Deaf / Hearing Impaired:
1-800-846-8517

Spanish-speakers:
Text "Hablamos" to 66746

Disaster Distress Helpline

PHONE: 1-800-985-5990
TEXT: "TalkWithUs" to 66746

**If you or someone you
know is struggling
after a disaster,
you are not alone.**



*"Ever since the tornado,
I haven't been able to get a full
night's sleep ..."*

*"I can't get the sounds of
the gunshots out of my mind..."*

*"Things haven't been the same
since my shop was flooded ..."*

Talk With Us!



Substance Abuse and Mental Health Services Administration
SAMHSA
www.samhsa.gov • 1-877-SAMHSA-7 (1-877-726-4727)

Administered by the Substance Abuse and Mental Health
Services Administration (SAMHSA) of the U.S. Dept. of Health
and Human Services (HHS).

COVID-19 Resources - Pima County Interfaith

https://www.pimacountyinterfaith.org/covid19_resources